

## **Weekly program**

The vacation begins on Sunday when our guests are collected from Chiusi station on Sunday afternoon and enjoy a short drive through stunning scenery to the warmth and hospitality of La Selvella where they will meet their hostess, Marina and her family, and will have time to relax before meeting for a drink and a chat before dinner.

Here your guide will explain the week's itinerary and answer any questions before sampling the first of the week's memorable meals.

Special diets can be catered for.

- The walks range from 6 to 10 miles daily over terrain which varies from cart tracks to woodland footpaths and will be both flat and hilly.
- There are no more than 7 people plus the guide taking part in the walk.
- Maps of the area will be given.
- La Selvella employs a experienced English licensed speaking guide with a good knowledge of the area, its customs and culture. Our guide also has first aid training.
- Air conditioned transport will be available to take the guests to the start of the walk and to collect them again at the end of the day.
- Marina will meet the group to provide mid-morning and mid-afternoon refreshments.
- A picnic lunch or a light lunch in a restaurant is included.
- A back-up bus can be provided on request, at an extra charge to pick up weary walkers and give refreshment.
- The week will also include a visit to a winery, a thermal pool and a lesson with Marina making 'Pici' the home-made spaghetti typical of this area.

At the end of the afternoon guests can relax in the pool or sauna, and for those with energy to spare there is a tennis court available.

Every evening a 4 course meal of tasty Tuscan dishes will be served with wine from La Selvella.

On Saturday morning guests will be accompanied to Chiusi Station which is well connected for travelling to Rome, Florence, Siena, Perugia and Orvieto.

There is also an Avis car rental office for those wishing to hire a car.